

## The **ACCORDian**





Whilst we celebrate the past 40 years, we want to share our aspirations with you too.

Our ambition is to grow the services in the community to fulfil the vision of where 'everyone deserves a good death'. This will be done through offering ACCORD at Home to more people each month, collaborating with other healthcare providers and educating others in how to give care for those at the end of their lives. Also by further developing our wellbeing therapy services making them more accessible for all who need them.

Palliative and end of life care has continued to increase in profile over the last few decades with the expectation that there will be specialist and general support for people to die in a place of their choosing while their families are cared for too.

Hospices are generally understood to be Inpatient type facilities where kindness, compassion and family support are at the heart of

everything that staff do. In reality, the reach and impact of organisations like ACCORD is just as prolific in the community, the hospitals and in care homes as it is in the Hospice itself.

ACCORD touched the lives of and supported more than 1,200 patients and their families in the last 12 months with 135 of those as hospice Inpatients.



The move towards support for people to be cared for, and die, in their own homes was accelerated by the pandemic and is a firm area of focus for the hospice movement and ACCORD over the coming years.

There is also an increasing awareness of the need for good bereavement support for everyone, free at the point of access and available to all in the community.



ACCORD are proud to have established the Renfrewshire Bereavement Network to allow the people of Renfrewshire to access that support when they need it and by raising awareness of the difficulties that can arise around grief and grieving amidst a pandemic have become core to ACCORD's purpose.

Finally, we will aim to maintain our outstanding inspection ratings and educate everyone on the importance and benefits of Hospice care.

ACCORD will do what it always does. We will recover from the pandemic stronger than ever. We will work hard to be secure and available to those who need us, continue to review and evaluate services to evolve with the times and will grow in a direction that is safe and sustainable and which our patients tell us is needed.

We will plan and develop our workforce and ensure they feel valued. We will continue to seek support from all who can assist is, financially and otherwise, and will remain grateful for every bit of support.

## CONGRATS







William Archibald (Bill), has been awarded the Order of Mercy at the Mansion House in the City of London, a prestigious medal for his volunteering role with the Hospice, which started in 1997.

In recent years Bill has been part of our small dedicated team of finance volunteers supporting the Hospice in dealing with money coming in through our shops and from fundraising events. Bill joins a number of our other volunteers (including his wife Elma) who we have nominated for this prestigious award. This is a fitting thank you from all of us at ACCORD for the fantastic support he has given us over the years.

The Rt Hon the Lord Lingfield, President of the League of Mercy said: "Mr Archibald has done extraordinary work for those most in need. He is a marvellous example of someone whose longstanding and voluntary dedication to the service and welfare of others is noteworthy and remarkable and we were delighted to be able to make this well deserved award to him."

## Congratulations Bill!

## **ACCORD** care

IN NUMBERS 21/22



Admissions to our Inpatient Unit



21
Days Average
length of stay



2,595
Community Nurse
Specialist Visits



**579**Number of
Physiotherapy
Contacts



1,448
Patient & Family
Support
Contacts



Occupational
Therapy
Contacts



Counselling Contacts with Renfrewshire Bereavement Network

Information provided by ACCORD Hospice Medical Secretaries

## Colin's Story

When the doors of the hospice were opened for Colin, he had begun the last heart-breaking chapter of his life's journey, The team at the hospice welcomed him with caring open arms as one of their family to make the hospice his final home.

For Colin and myself, home was always where we were together anywhere in the world and not a physical building or structure in any location or country. Our last home together was ACCORD, we were im-



mediately made to feel at home and part of a large caring family. We were instantly cocooned by a team of selfless, caring, loving people, to ensure Colin had exactly what he needed when he needed it during the final chapter of his life.

They respected our privacy and gave Colin absolute dignity in his final days and never treated him in any other way than the beautiful intelligent man he was.

Words can not express our gratitude for the final time we had together. The staff were always there discreetly in the background, immediately there when needed, providing him very complex end of life care that would have been impossible for him to have at home. I lived at the hospice in Colin's final week and was treated with exactly the same care and compassion they gave Colin.

Colin passed away in my arms so peacefully on 5th December 2021, His death was the most painful but equally beautiful moment of our nearly 30 years together. It was a heart-breaking moment to say farewell to my man and leave the Hospice, our last home together.

Thank you from the bottom of our hearts.

Malcolm

# Chatter Matters Patient Feedback

Everyone is so cheery and relaxed and this makes me feel good I think about how much I've laughed here, its exceeded everything I thought it could be

Coming to Chatter
Matters you feel part of
the hospice community,
a LIVING community

Chatter Matters makes me 6 steps higher on the Happy Ladder

One of us died and we were able to rejoice together over a life well lived















2022 fundvaising memories























Thank you for all you do

















#### ACCORD

You're buying

to help change

peoples lives

Thank you for donating or shopping at ACCORD

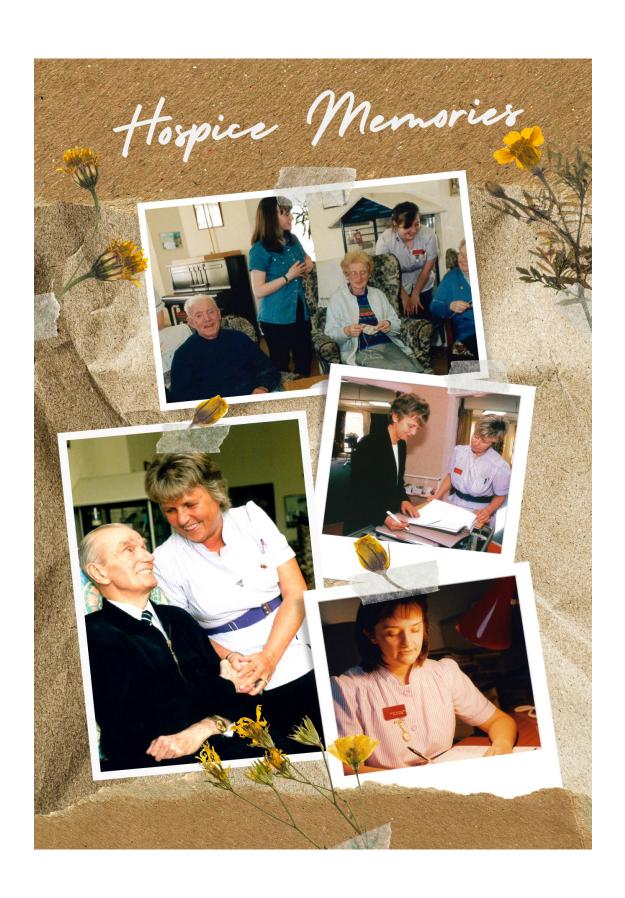


ACCORD HAS A TOTAL OF 6 SHOPS
THROUGHOUT THE LOCAL AREA WHICH
SELL A GOOD RANGE OF QUALITY
SECOND-HAND GOODS, INCLUDING
FURNITURE AND ELECTRICAL ITEMS.

Inspired by Paisley, the home town of ACCORD this Limited Edition juniper lead gin contains the classic addition of rowan berries and brambles.

All profits from this Limited Edition bottle will be donated to the Hospice, with huge thanks to our friends at **Tear Drop Gin** for all their hard work and dedication to the Hospice.





# Retail Volunteers Needed

Be part of the team that helps to raise over £500,000 each year for the Hospice!

#### We need help with:

- Greeting and helping customers
- Taking in donations from the public
- Sorting through donations
- Pricing up items







www.accordhospice.org.uk/supporting-us/volunteer

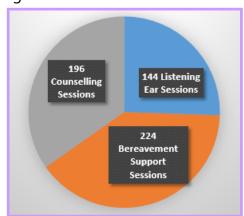
## Renfrewshire Bereavement Network T 0800 038 6020 E support@renfbn.org.uk

The Renfrewshire Bereavement Network continues to grow and build upon its reputation within the local community. At the time of writing 210 people have utilised our service resulting in 564

sessions which can be seen in greater detail in the chart below.

We continue to work collaboratively with the local community and have partnered with Woodside Crematorium to help facilitate a "Bereavement Coffee Morning" to support people in understanding their grief. We are keen to make this a regular meet up.

Asda Info Day 11th September 1-3pm



The Network is honoured that our volunteers continue to be an integral support to RBN and their commitment in supporting clients, staff, and each other is incredible. They have been vital in increasing awareness of RBN through various Info Days. They now have plans to visit Asda Linwood, Tesco and Morrisons.

The Walking Group have finally been able to have a day out following the break due

to Covid. The day was agreed by the group and they went to Troon. They were so fortunate with the weather and even got in a round of Crazy Golf (which it was). The group then enjoyed some lunch in the Harbour Bar.

This amazing group of walkers support each other in so many ways. You can see by the picture that everyone was able to engage and enjoy this

time away. This shows, while all those who attend the group are dealing with their grief, they work hard, in learning to live, with the huge change in their lives.



## Leave a Gift in your Will

to ACCORD Hospice

Please remember the Hospice in your Will.

To pledge a gift to ACCORD in your will is one of the most meaningful and precious gifts you can

leave in your memory.

It ensures that your legacy lives on, enabling vou to continue supporting others in your absence.

It's a gift that we will value and treasure on your behalf, as will those who will benefit from your kind generosity.

We can continue to support 1,200 patients and their families each year with your support.





## Meet Alison Team Lead

#### **Community Orientated Services**

I've been at ACCORD for 22 years! I trained as a nurse in the 90's, in the days of wearing dress, hats and belts to work. From the minute I arrived at the Hospice I realised what a warm and happy place it was, I was so impressed with the nurses and medical staff, they were compassionate and kind and always patient centred.



I am now the Team Lead for Community Orientated Services, looking after the Community Nurse Specialists and also the pilot ACCORD at Home Service, the project enables us to care for patients at home at end of life or patients in crisis. I work in a very supportive environment with amazing people who are beyond knowledgeable about the services they provide for patients.

When I was a Community Nurse Specialist visiting patients at home some of the most memorable things are the simplest, even walking someone's dog or hanging out the washing for them, normal parts of life that we all take for granted. I even left a house once with a gift of two freshly caught fish!

I can clearly see the positive difference ACCORD at home has made to patient's and their families. It is a very emotional, difficult and stressful time when caring for a loved one at home at end of life, this is where our amazing team steps in to help and let families spend those precious moments together as a family.

We couldn't do it without you, thanks for all your support!

## **ACCORD** care

IN NUMBERS 21/22 - CONTINUED



847
Complementary
Therapy
Appointments



**318**Lymphoedema
appointments at
the Hospice



356
Number of
Social Work
Contacts



Doctor's Visits to patients' homes



ACCORD at Home
Patient Contacts



Community Hub

250 - UMatter Team Contacts

112 - Hub Assessments

171 - Zoom Sessions

Information provided by ACCORD Hospice
Medical Secretaries





## HOW YOUR DONATIONS CAN MAKE A DIFFERENCE



£12 COULD PROVIDE
NUTRITIOUS HOME COOKED MEALS
FOR PATIENTS & THEIR FAMILY
STAYING IN THE INPATIENT UNIT

£22 COULD PROVIDE COMPLEMENTARY THERAPY CARE FROM A HOSPICE THERAPIST DURING THE 'END OF LIFE' STAGE OF THE PATIENT'S ILLNESS.





£40 COULD PROVIDE A PATIENT WITH MEANINGFUL ACTIVITY IN THE FORM OF SOCIALISATION, RELAXATION, VIRTUAL REALITY, MUSIC AND ART OR A MORE BESPOKE ACTIVITY THAT MATTERS TO THEM.

£300 COULD PROVIDE A SET OF ONE TO ONE OR GROUP THERAPY SESSIONS FOR BEREAVEMENT COUNSELLING AT THE HOSPICE, HELPING A FAMILY MEMBER WHEN THEY ARE MOST VULNERABLE.



Thank you for everything you do



# Dedicate a Light in Memory of a loved one

#### Every Light making every moment count.

This Christmas, remember and celebrate the life of someone special by sponsoring a star. When you sponsor a light, the name of your loved one will be entered into ACCORD's 'Book of Honour' and you, or someone chosen by you, will receive a personalised 'Light up a Life' card.

If you prefer to dedicate a star online visit: www.accordhospice.co.uk

You your family and friends are invited to join us for this very special occasion, a chance to take some time out and remember the special people in your lives, share memories and celebrate their lives whilst enjoying readings, music and Christmas carols.

## **Upcoming events**

Annual Service of	Sunday 2nd October 2022		
Remembering	The Methodist Church Hall, 3pm		
Ladies Lunch	Sunday 30th October 2022		
With	The Normandy Hotel 12.30 for 1pm		
Michelle McManus	Tickets £40 including 3 Course Meal		
Firewalk	Friday 4th November 2022		
	At ACCORD Hospice		
	Registration £20, Minimum sponsorship £100		
Light up a life	Sunday 27th November 2022		
	Procession starts 4.45pm from Mary Russell School		
	Service starts 5pm at ACCORD Hospice		
Christmas Fayre	Saturday 3rd December 2022		
	Lagoon Leisure Centre		
	10am - 3pm		
Carol Service	Thursday 15th December 2022		
	Paisley Abbey		
	11am - Ticket £5		
Burns Supper	Friday 20th January 2023		
	The Glynhill Hotel		
	Tickets £35 pp		
Homerun for	January 2023		
The Hospice	Raise funds in sponsorship		
	Registration Free		
To view our calendar of events please visit our website			
www.accordhospice.org.uk/events			





Please return all correspondence to: ACCORD Hospice, 7 Morton Avenue, Paisley PA2 7BW

Your Contact Details Name				
Address				
	Post Code			
Email	Tel			
Payments & Donations  Donation to ACCORD  Light up a Life Christmas Cards  Ladies Lunch Carol Service Burns Supper  giftaid it  I am a UK taxpayer and understand Capital Gains Tax than the amount of in that tax year it is my responsibility to	Please tick if an acknowledgement of Gift Aid claimed on all my donations o pay any difference.	<ul><li>a £40 per ticket</li><li>a £5 per ticket</li><li>a £35 per ticket</li><li>TOTAL</li></ul>	£	
GDPR—Can we keep you up to date with what's happening at ACCORD? If yes please tick below.  BY POST  BY EMAIL  Please make sure all contact details are filled out.				
Method of Payment  I enclose a CHEQUE/POSTAL  Please debit my Credit/Debit  Card No  Valid From  Please Note: For se			£	
	ation on any events, please			

#### Become a Regular Giver

- Our vision is that every person living with a life-limiting illness in the communities of Renfrewshire, Barrhead, Neilston and Uplawmoor should receive the specialist care and support they need, along with their families, for free.
- Regular monthly donations allow ACCORD to plan ahead, budget effectively and reduce administration costs, and fund the specialist team of health professionals required to provide the care our patients need.
- Making a regular monthly donation is one of the most powerful and effective ways you can support ACCORD in delivering this service – and help to make a difference every day.

#### Standing Order Mandate

#### Please remember to fill out your name and address overleaf This is a new donation This replaces a previous Standing Order £10 £5 other I would like to donate a regular gift of: £20 I would like this gift to be made every: month quarter Please start my payments on the: 1st 15th (insert month/year) To: The Manager Your Bank Address Postcode Name of Account Holder(s) Sort Code Account No. Signature Date

Please credit the above amount to:

ACCORD Hospice A/c No. 00177503 Sort Code 83-46-00

Royal Bank of Scotland, Paisley Chief Office, 1 Moncrieff Street, PAISLEY PA3 2AW