

ACCORD HOSPICE

Registered Charity No SC013682



Turning Heads

**A Practical Service
For
Patients with Hair Loss**

Hair Loss

Alopecia, or hair loss is a common and distressing side effect of cancer treatments such as chemotherapy and radiotherapy.

Hair loss can range from a gradual thinning to complete rapid onset baldness - affecting not only the scalp but also hair on other parts of the body such as eyelashes, nasal hair, eyebrows underarm and pubic hair.

Impact of Hair Loss

How we perceive ourselves is often influenced by how we look.

For some people hair loss may not pose any problems but for others it can impact on their confidence, attractiveness to others or sexuality. It can also lower self esteem, give a poorer body image and reduce quality of life.

Dealing with hair loss can be traumatic, not just for the patient but also for family and friends who do not know how to cope or help at such a difficult time.

How Turning Heads Can Help

At ACCORD Hospice, we can offer you practical advice and support in a private, dignified, caring environment.

Not only is this support available to you, but also to your family or friends wishing to help you.

We will show you how to use jewellery, scarves and hats in a creative way to suit your personality, both for everyday use and for those special occasions when something extra special is needed. We will also offer information on further resources that are available and skin and hair advice.

How to Access Turning Heads

You may self refer to this service. In order to spend time with you, an appointment system is used.

The service is available:

Tuesday / Wednesday / Thursday / Friday
10am - 2pm

Appointments can be made by telephoning Michelle on any of the above days:

10am - 2pm
0141 581 2000

Recycled Wigs

We have a good stock of recycled wigs and may have something to suit your needs.

Advice Line

ACCORD Hospice also operates a 24hour nursing advice line on:

0141 581 2000



Please note it may take nursing staff a few minutes to answer at night.

Suggestions Comments & Complaints

If you have any suggestions, comments or complaints about how the service can be improved, please speak to Michelle Gallagher.

If you are not satisfied with the response, please discuss your concerns directly with the Chief Executive at ACCORD Hospice:

Mrs. Helen Simpson
0141 581 2000

Should you feel that your complaint has not been resolved by ACCORD Hospice, you may contact Healthcare Improvement Scotland (HIS) directly, at any stage:

Adrian Masson
Head of Corporate Services
Healthcare Improvement Scotland
Elliott House
8 - 10 Hillside Crescent
EDINBURGH
EH7 5EA

Telephone: 0131 623 4300
Email: adrian.masson@nhs.net

**If required this leaflet is available in
other languages & formats**

