

ACCORD HOSPICE

Registered Charity No SC013682



Occupational Therapy

**Information
For
Patients & Relatives**

Occupational Therapy

The Occupational Therapy service at ACCORD Hospice is provided by Joyce McNaught and Ishbel Murdoch both Senior Occupational Therapists (OT's) and Shona Brown, Technical Instructor.

The service is offered to Day Hospice/In-Patients and patients being cared for by the ACCORD Hospice Community Specialist Nurses.

Referrals will also be accepted directly from other healthcare professionals - in Hospitals, General Practitioners, Community Specialist Nurses, District Nurses.

Your First Assessment

At your first assessment, either as a patient at the In-Patient Unit, Day Hospice or in your own home, the OT's will discuss and assess your needs with you. A programme of care will then be agreed.

Treatments will focus on increasing your independence with daily tasks such as getting in and out of bed, dressing, getting up and down stairs, moving from one chair into another.

What Occupational Therapy Can Help With

- Looking at priorities and different ways to deal with everyday tasks
- Assessing environment and providing equipment
- Advising on saving your energy, managing fatigue, anxiety and breathlessness
- Giving support and education to your family / carers
- Working with other agencies such as community carers to meet your needs if being discharged from the hospice

Other Services Available

Assisting with meaningful activities in Day Hospice which are not just for you to enjoy but also which will:

- Help you to relax
- Allow you to express yourself
- Give you the chance to meet with other people who have similar problems
- Help to keep your mind and body active
- Improve your self confidence and self esteem

Hours of Work

The Occupational Therapy service is available

Daily 8.30 am - 4.30 pm

Due to current Health & Safety legislation and the risks associated with passive smoking, we would ask you not to smoke during a home visit.

Cancelling an Appointment

If for any reason you cannot keep, or need to change the day or time of your appointment, please telephone

0141 581 2011

If no-one is available to take the call please leave a message on the answering machine.



Suggestions Comments & Complaints

If you have any suggestions, comments or complaints about how the service can be improved, please speak to Joyce McNaught or Ishbel Murdoch.

If you are not satisfied with the response, please discuss your concerns directly with the Nursing Director at ACCORD Hospice:

Mrs. Helen Simpson
0141 581 2000

Should you feel that your complaint has not been resolved by ACCORD Hospice, you may contact your local Care Commission office directly, at any stage:

Care Commission
Central West Region
4th Floor
Smithhills Street
Paisley PA1 1EB

Telephone: 0141 843 4230
via the web at: www.carecommission.com

**If required this leaflet is available in
other languages & formats**



Date Reviewed May 2010

Date Implemented May 2010

Date of Review May 2012