

ACCORD HOSPICE

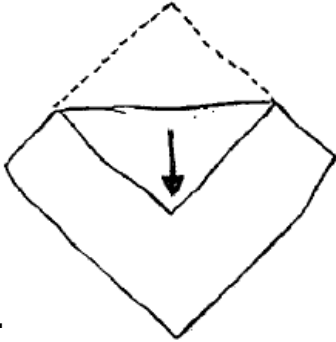
Registered Charity No SC013682



Basic Headwraps

**A Practical Service
For
Patients with Hair Loss**

Basic Headwrap 1



1.

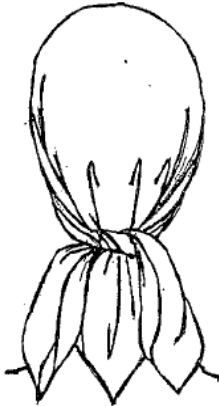
Lay scarf flat, wrong side up. Fold into triangle. Cotton scarves are better than silk or satin as they tend to slide



2.

Drape scarf over your head with point in the back.

Fold about 1 inch back creating an edge



3.

Tie scarf ends in a half-knot behind your head, with flap anchored beneath the knot



4.

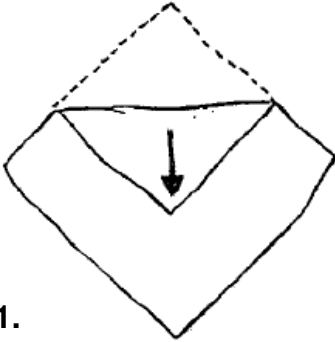
Tie scarf ends into square knot



Basic Side Twist

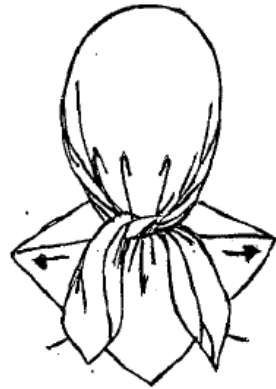
Tie as Headwrap 1 placing knot over one ear instead of at the back of head, letting scarf ends hang loose

Basic Headwrap 2



1.

Lay scarf flat, wrong side up. Fold into triangle, leaving one point slightly longer than the other



2.

Follow steps for Basic Headwrap 1. Using both hands, spread lower flap under half knot, as close to the back of your ears as possible



3.

Tuck flap and loose ends behind knot securely.
Ideal with a hat



4.

Carefully bring flap from tip and tuck in up and over the knot.

Contrasting Side Twist

Tie as Headwrap 2.

Twist a second oblong scarf. Knot 2nd twist over headwrap above ear



Suggestions Comments & Complaints

If you have any suggestions, comments or complaints about how the service can be improved, please speak to Sharron Francis

If you are not satisfied with the response, please discuss your concerns directly with the Nursing Director at ACCORD Hospice:

Mrs. Helen Simpson
0141 581 2000

Should you feel that your complaint has not been resolved by ACCORD Hospice, you may contact your local Care Commission office directly, at any stage:

Care Commission
Central West Region
4th Floor
Smithhills Street
Paisley PA1 1EB

Telephone: 0141 843 4230
via the web at: www.carecommission.com

**If required this leaflet is available in
other languages & formats**



Date Reviewed May 2009

Date Implemented May 2009

Date of Review May 2011